Cal Young's Annual Food Box Project

For the seventh year in a row, students at Cal Young are gearing up to prepare food boxes for local families. Homeroom students will receive information about their families at the beginning of November and then start planning ways to meet the family's needs. Every student will be assigned some item to contribute, but any kind of giving is encouraged. Classes often decide to include items such as soaps, toothbrushes, games, or books. It's a great opportunity for our students to participate in the “giving” spirit of the season, and the families who receive the boxes are always appreciative. Please support your child's involvement in this project and contribute in any way your family is able. Please make sure all items arrive at the school no later than Tuesday, December 11 at 9 a.m. Boxes will be delivered on Thursday, December 13.

This year, there are several ways for parents/guardians to be involved:
1. Please join us to help put the “finishing touches” on the boxes during Family Pizza and Food Box Night from 6:30-8:30 p.m. on Tuesday, December 11. We'll provide the pizza!
2. As the delivery day approaches, we will need additional contributions such as bags of potatoes, apples, carrots, or a loaf of bread or rolls. Any contribution that would help make a holiday meal complete and doesn't need to be refrigerated is appreciated.

Thank you in advance for helping make this year's Food Box Project a success!
From the Principal

Dear Cal Young Families,

We hope that you have reserved your time for conferences. Teachers are eager to speak with parents and either help students stay on their current positive trajectory or help students make improvements in their academic standing. When you meet with teachers, come with questions prepared in advance as the time is typically limited. Parent/teacher conferences will be held on November 29 from 11 a.m. - 7 p.m. This will be a no-school day for students.

Currently, the most common concern for students is a lack of homework completion. Almost 90% of our lower grades are the direct result of students missing homework. In an effort to help with this problem, we will be offering assistance during lunch. BISTRO is our new opportunity for students to finish work or make up assignments while eating their lunch. This new option for students has been created because of the lack of completed homework so early in the year. BISTRO stands for Better Involved Students Taking Responsibility more Often. The way BISTRO will work is that students with multiple missing assignments will have a letter sent home indicating that they will be participating in BISTRO until caught up. Students will bring their lunch to BISTRO and eat while working on homework. Over the past few years we have been searching for the appropriate opportunity for students to get caught up. This is a first attempt at making this happen. Please know that this is not meant as a punishment, but only as a means for giving students the time in school to get caught up. Once a student is up to date, he or she will no longer need BISTRO and will return to our regular lunch period. Keep in mind that BISTRO is not for the average student who is missing one assignment due to illness. BISTRO is for students who are missing multiple assignments in more than one class. We welcome feedback about this idea and hope that you are willing to help out and volunteer with BISTRO.

Testing with the new and hopefully improved TESA program will begin soon. TESA is the computer-based version of what is now call the Oregon Assessment of Knowledge and Skills (OAKS). Last year, the testing system had a major malfunction and we moved to paper and pencil testing for the remainder of the school year. TESA offers each student three opportunities to meet or exceed state benchmarks. Students will be tested using TESA in Reading and Math at all three grades. Writing will still be done using paper and pencil at grade 7. If you have questions about state assessment tests, please call us at 687-5400.

As always we are grateful for your support and the trust you place in us to care for your students. We are extremely pleased with their performance and their enthusiasm. Watch the website for more information about many upcoming events.

With warmest regards,

Sara Cramer
To contact the Cal Young staff
Address your email to the staff member you wish to contact by name listed in the column below followed by @4j.lane.edu
For instance, to contact the registrar, you would address your email to: hanauska@4j.lane.edu

| Katharine Ankeny, Speech Therapist | ankeny_k | Clarice Loo, World Language/Social Studies | loo |
| Sam Arnold-Boyd, Library/Media | arnold | Cody Loy, Language Arts/Social Studies | loy_c |
| Amy Baker, Mentor Coordinator | baker_a | Barb MacWilliam, Earth Science/Health | macwilliam |
| Scott Baker, Earth & Life Science | baker_sc | Adam Maitland, Sp. Ed. Language Arts | maitland_a |
| Rex Basting, Literacy | basting_r | Katie Mason, Speech | mason_ka |
| Kathleen Bear, P.E. | bear | Ronny Mason, P.E./Explore | mason_ron |
| Brian Beard, Assistant Principal | beard_b | Hillary McClintick, Lang. Arts/Soc. Studies | mcclintick_h |
| Rick Bliss, Industrial Arts | bliss | Barbara McKay, Sp. Ed. Language Arts | mckay_b |
| Tom Cantwell, Language Arts/Social Studies | cantwell | Daniel Morphis, Student Supervisor | morphis_d |
| Diane Combs, Regional Learning Center | combs | Mark Paine, Custodian | paine |
| Annette Conklin, Health Clerk | conklin | Phyllis Penn, Food Services Coordinator | penn |
| Ardeen Cooper, Regional Learning Center | cooper_a | Ramona Peterson, Math/Algebra | peterson_r |
| Sara Cramer, Principal | cramer | Dan Powell, Band | powell |
| Sue Gardiner, Enrichment Coordinator | gardiner | Jill Rainer, Sp. Ed. Language Arts | rainer_j |
| Gale Fiszman, Orchestra/Choir/Drama | fiszman | Toby Rickard, Autism Consultant | rickard_t |
| Julie Francis, Student Services | francis_ju | Melissa Riley, Behavior Support | riley_m |
| Katie Guske, Sp. Ed. Language Arts | guske | Korrinne Ross, Family Liaison | ross_k |
| Alicia Hanauska, Registrar | hanauska | Laurie Rowe, Nurse | rowe |
| Julie Hohenemser, Science | hohenemser | Angie Ruzicka, Science | ruzicka |
| Hal Huestis, Art | huestis | Eric Schiff, Technology | schiff |
| Pam Huling, Language Arts/Social Studies | huling_p | Debra Short, Instructional Assistant | short |
| Kathrine Hunt, Regional Learning Center | hunt | Terri Simons, Language Arts/Social Studies | simons |
| Joyce Smith-Johnson, Regional Learning Center | johnson_jo | Curt Smith, Maintenance Coordinator | smith_cu |
| Becky Jones, Math | jones_b | Jodi Suter, Office Mgr./Attendance | suter_j |
| Neill Juilfs, Regional Learning Center | juilfs | Matt Thom, Sp. Ed. Language Arts | thom_m |
| Brian Katsura, Math/Algebra | katsura_b | Alia Turner, Language Arts/Social Studies | turner_a |
| Diana Keefe, Secretary | keefe_d | Eric Wade, Math | wade_e |
| Janice Ketsche, Language Arts/Social Studies | ketsche | Joyce Wade, ELL | wade_j |
| Mary Koritnik, Spanish | koritnik | Patti Wessman, Art | wessman |
| Michael Kresko, Science | kresko_m |

Register today for eScrip!
1. Log on to www.escrip.com
2. Enter our group number: 8410484
3. Register your credit/debit cards and/or grocery cards
4. Watch as a percentage of your purchases help Cal Young

Digital Camera Found!
Are you missing your digital camera?
Could you have left it at a recent band concert?
If so, please call Alicia, 687-5413, to identify it.
From the Library - The Reading Thing

The Scholastic Book Fair Blizzard blows into the Library on November 15-20!

Don't miss the exciting selection of cool books at this year's Scholastic Book Fair! The Book Fair is an excellent opportunity to get great deals on favorite books, make a head start on holiday shopping, and help the Cal Young Library with its major fundraiser of the year. Come on in to the Library and enjoy “chilling out” with a great selection of books and Scholastic goodies! Make a note of the hours:

- Thursday, November 15: 8 a.m. – 4 p.m.
- Friday, November 16: 8 a.m. – 4 p.m.
- Monday, November 19: 8 a.m. – 4 p.m.
- and “Family Night” from 7 p.m. – 9 p.m.
- Tuesday, November 20: 8 a.m. – 4 p.m.

The Battle of the Books goes statewide!

Oregon Battle of the Books is a statewide event that promotes good books, reading as a social activity, and fun! Students are in the process of forming teams composed of 5 members with a teacher/staff-coach. Here's the schedule for the year:

October – January:
Read, read, read!
Discuss the books at our bi-weekly lunch meetings. Make up questions and answer questions about them. “Mini-battles,” drawings, and incentives will be given as participants work toward their goals.

Early February: Preparation for the event will include an exclusive Ice Cream Sundae party.

February: Teams compete within the school to win the honor of competing at the Regional Tournament on March 15.

March 15: Regional Tournament in Roseburg

April 19: State Tournament
Interested in reading about the “Battle” books and getting more information? Go to the Cal Young Battle of the Books Blog at [http://blogs.4j.lane.edu/cyblog](http://blogs.4j.lane.edu/cyblog) (or follow the link from the Library Homepage.) It's not too late to join a team! Contact Sam in the Library!

From the Library - The Research Thing

World Book Online: a great “first-stop” for research

The Library Homepage at [http://schools.4j.lane.edu/calyoung/library](http://schools.4j.lane.edu/calyoung/library) (or do a Google search on Cal Young) has many reliable research resources for our students. One of these resources, the online edition of World Book, is excellent as a “first stop” for research. Not only does it provide excellent background information, the new online edition links users to magazine articles, images, E-books, and much more.

Get to the World Book Online by clicking on the World Book Online icon on the left of the Library Homepage screen. From home access, enter the Username: worldbook and the Password: eugene.4j. I suggest that you then click on the World Book Advanced link that is in the middle of the screen.

Questions? Contact Sam in the Library at 687-5459.

Sam Arnold-Boyd, Librarian
CONGRATULATIONS TO KAREN McG.: 8TH GRADE STUDENT OF THE MONTH FOR NOVEMBER 2007!

CONGRATULATIONS TO NATE K.: 8TH GRADE STUDENT OF THE MONTH FOR NOVEMBER 2007!

November 7th Grade All Stars winners are:

7th Grade All Stars
Sammy R.
Gurpritam S.
Isaac K.

Sammy R. turns in excellent work and makes an effort to work with other students.

Gurpritam S. always works hard and sets an example.

Isaac K. stays on task and is a very responsible student.

8th Grade Students of the Month

Nate K. is an outstanding student. He is polite, conscientious and respectful of students and teachers. He is a quiet leader, a hard worker, and a responsible student. His work meets the highest of standards. Nate actively participates in his learning and helps others willingly.

Karen McG. is a willing and eager worker who strives for perfection. She demands the best of herself and seldom settles for “good enough.” Karen enthusiastically demonstrates the skills of a lifelong learner, who in addition to keeping up with all of her school work, continues to research projects that interest her outside the required curriculum.

Geography Awareness Week

We will be celebrating Geography Awareness Week during the week of November 26 - 30. Home room classes will be creating and putting up posters for mystery countries in Asia and the homerooms will compete to identify the countries from clues on the posters. We also encourage students and staff to participate in the other activities which include wearing geography T-shirts to school and marking their locations on a world map in the library, answering Geo-Bee questions in the daily announcements, and attending the presentations of Asian students at the U of O who will be sharing their countries’ culture and geography.

Also on the “geography” horizon is the school Geo-Bee, sponsored by the National Geographic Society. This year we are hoping to conduct the final round as an all-school assembly on December 5. Students should start preparing by studying geography and looking at maps at home. The website has links to sites helpful in learning geography and preparing for the bee. Check it out at http://www.nationalgeographic.com/geobee/
Mix It Up at Lunch, 2007!

On Tuesday, November 13, Cal Young will hold our Second Annual Mix It Up at Lunch Day. Students and staff alike will have the opportunity to join more than four million students in 10,000 schools around the country! This fun lunch event is sponsored by the CY DFZ (Discrimination Free Zone) Committee, comprised of students and staff members. All too often at lunch, students get “stuck” at the same table with the same group of friends, possibly missing out on opportunities to make new friends, and even worse, making some students feel excluded. This day provides students with a chance to improve the social climate at our school while stepping out of their comfort zone to connect with other people. It’ll be fun and easy! Parents, be sure to ask your kids how they mixed it up! For more information, check out the official Mix It Up at Lunch Day website at: http://www.tolerance.org/teens/index.jsp

Barb MacWilliam
Health and Earth Science Teacher

News from Mr. Baker’s Science Class

**Congratulations to Brittany and Jessica for winning the pumpkins!** They submitted the estimates closest to the pumpkin’s actual mass.

Mr. Baker’s second period class made tissue paper hot air balloons and launched them near the track as part of the unit on weather and air movement. “Warm air rises, cool air sinks,” was the phrase of the day. Everyone’s hard work paid off with multiple successful flights for everyone — even the “band-aid balloon.” Their only request — “Let us build a bigger one.”

*Balloon salvage experts! Daniel and Aaron’s balloon suffered a hard landing but they were able to create a mini balloon from the pieces.*
Too Many of Our Youth Smoke

According to the Oregon Tobacco Prevention and Education Program, 17% of our 11th grade students use tobacco. Almost 90% of smokers begin at or before the age of 18. Forty eight kids in Oregon smoke their first cigarette every single day. After one year, 20 of the same youth will still be smoking. Of the 20 kids still smoking, one out of three will die prematurely of illnesses related to tobacco. As for more immediate concerns, tobacco use negatively affects students’ academic abilities as well as their physical and mental health. Supporting tobacco-free school policies are an important part of preventing tobacco use for our youth!

Melanie Steed-Hildebrand, M.S., Tobacco Prevention Coordinator

Free Bridge Classes at Cal Young

Would you like your student to improve test scores?  
Do you or your student like card games?  
Would you like an activity that you and your student could enjoy together?

Bridge is a great card game that uses critical thinking skills. A 2005 study examined 6 groups of 5th graders with similar academic abilities and found that test scores in math, reading, science, and social studies increased more than 20% for the students taught bridge as a part of the math instruction.

Free bridge classes for Cal Young students and Cal Young adults will be offered for seven weeks starting Tuesday, December 4 from 6:30 p.m. to 8 p.m. in the library. The classes will be geared to absolute beginners although you are welcome if you have played before. Students may attend without parents and adults may attend without students.

Laurie Rowe is your school nurse. She has played bridge for 30 years and recently been certified to teach bridge. She began playing bridge with her father and continues to play with him at tournaments.

If you're interested, email rowe@4j.lane.edu or voice mail 710.3150 or Cal Young 687.5400. Hope to see you there.

Laurie Rowe, School Nurse

Student Wellness Policy Brings New PE Requirements

The Eugene School Board is committed to providing intellectually stimulating school environments that promote and protect children's health, social and emotional well-being, and ability to learn by supporting healthy eating, physical activity, and other behaviors that contribute to student wellness. Good health fosters student attendance and education. Children and adolescents need access to healthful foods and opportunities to be physically active in order to grow, learn, and thrive. So beginning next school year some students will see a change in the requirements for Physical Education. All 6th grade students will receive 3000 minutes of PE instruction, and 7th and 8th grade students will be required to have 18 weeks of instruction. The 6th and 7th grade students at Cal Young are already meeting this requirement. However, only some of our 8th grade students are currently meeting this requirement and we are working with the district on ways to incorporate these changes into our schedule.
Calendar and Newsletter
November 2007