The School Garden Team Needs Your Help!

The Cal Young School Garden Project is still in need of staff, parents and local community members to form a planning committee to design and implement this exciting opportunity for our school. A “Green Thumb” class is being organized for students to take next Spring Semester, and much “ground work” has to happen before then!

Contact Rick Bliss (bliss@4j.lane.edu) to help out. This project needs a broad base of support from the Cal Young community to be successful. Thanks for your support!

Sheldon PTO Meetings

The Sheldon Parent Teacher Organization meets the third Monday of each month at 7 p.m. in the Sheldon Library. Our next meetings are April 21 and May 19. Parents of incoming Sheldon freshmen are welcome to attend our spring meetings which will include an informational presentation and updates from Site Council, Science Fundraising Committee, and the Sheldon Business Area Committee. We also have a time for questions/comments with the principal, Dr. Bob Bolden. Please join us for our upcoming meetings — April 21: New High School Graduation Requirements and May 19: Sheldon Enrollment, New Class Requirements, and Teacher Staffing. If you have questions, please contact Keith Dickey at dckyfam@comcast.net

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From the Principal

Dear Cal Young Families,

We are really back in full swing after spring break and we are now beginning to prepare for the promotion of our 8th grade students and the transition of our incoming 6th graders. This is always a busy and stressful time for students and staff. Students are completing projects and working hard to ensure excellent grades for the 2nd Semester. Please continue to help your child by checking his or her agenda planner, checking the Cal Young website, asking about homework, and ensuring that students have time for rest.

With the end of the year also comes our end of the year field trips. These trips are a fun celebration for all of the hard work throughout the year. Due to the fact that these are excursions outside of school, we have very high expectations for student behavior. In the next few weeks you will be receiving more information about the expectations for students for the remainder of the year.

We have many exciting events coming up with Art Night, Techno Expo, track meets, and many others. Please check the calendar listed in this issue of the newsletter for more details and dates.

We are asking for your help with one glitch in our new outdoor field. Many guests have been parking in the fire lane. Unfortunately, we have had staff members who were working late and were unable to leave the back parking lot as the exit was blocked. We are hoping to get information to our other local schools that may be using the field too.

Thank you for the support you provide. Our school is a fun and happening place. Your children make each day a positive and enjoyable adventure.

With warmest regards,

Sara

Register today for eScrip!

1. Log on to www.escrip.com
2. Enter our group number: 8410484
3. Register your credit/debit cards and/or grocery cards
4. Watch as a percentage of your purchases help Cal Young
To contact the Cal Young staff

Address your email to the staff member you wish to contact by name listed in the column below followed by @4j.lane.edu

For instance, to contact the registrar, you would address your email to: hanauska@4j.lane.edu

To call, begin with prefix “687” and follow with the number listed by each staff member below. For instance, to call Scott Baker, Earth and Life Science teacher, dial 687.5453.

### Office Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sara Cramer</td>
<td>Principal</td>
</tr>
<tr>
<td>Brian Beard</td>
<td>Assistant Principal</td>
</tr>
<tr>
<td>Diana Keefe</td>
<td>Secretary</td>
</tr>
<tr>
<td>Sue Gardiner</td>
<td>Enrichment Coordinator</td>
</tr>
<tr>
<td>Alicia Hanauska</td>
<td>Registrar</td>
</tr>
<tr>
<td>Debra Short</td>
<td>Instructional Assistant</td>
</tr>
<tr>
<td>Leslie Maahs</td>
<td>Department Assistant</td>
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<tr>
<td>Jodi Suter</td>
<td>Office Mgr./Attendance</td>
</tr>
<tr>
<td>Daniel Morphis</td>
<td>Student Supervisor</td>
</tr>
</tbody>
</table>

### Student Services

- Katharine Ankeny, Speech Therapist: ankeny_k
- Julie Francis, Student Services: francis_ju
- Katie Mason, Speech-Language: mason_ka
- Joyce Wade, ELL: wade_j

### Auxiliary Services

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Melissa Riley</td>
<td>Behavior Support</td>
</tr>
<tr>
<td>Laurie Rowe</td>
<td>Nurse</td>
</tr>
<tr>
<td>Annette Conklin</td>
<td>Health Clerk</td>
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### Support Staff

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<tr>
<td>Ardeen Cooper</td>
<td>Regional Learn. Cntr. Asst.</td>
</tr>
<tr>
<td>Barbara McKay</td>
<td>Sp. Ed. Language Arts</td>
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<tr>
<td>Katie Guske</td>
<td>Sp. Ed. Language Arts</td>
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<tr>
<td>Curt Smith</td>
<td>Maintenance Coordinator</td>
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<tr>
<td>Mark Paine</td>
<td>Night Custodian</td>
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<tr>
<td>Jason Moch</td>
<td>Night Custodian</td>
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<tr>
<td>Phyllis Penn</td>
<td>Food Services Coordinator</td>
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<tr>
<td>Caroline Dormain</td>
<td>Food Services Assistant</td>
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<tr>
<td>Robin Marx</td>
<td>Food Services Assistant</td>
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<tr>
<td>Theresa Worley</td>
<td>Food Services Assistant</td>
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</table>

### Teachers

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Sam Arnold-Boyd</td>
<td>Library/Media</td>
</tr>
<tr>
<td>Amy Baker</td>
<td>Mentor Coordinator</td>
</tr>
<tr>
<td>Scott Baker</td>
<td>Earth &amp; Life Science</td>
</tr>
<tr>
<td>Rex Basting</td>
<td>Literacy</td>
</tr>
<tr>
<td>Kathleen Bear</td>
<td>P.E.</td>
</tr>
<tr>
<td>Rick Bliss</td>
<td>Industrial Arts</td>
</tr>
<tr>
<td>Tom Cantwell</td>
<td>Language Arts/Social Studies</td>
</tr>
<tr>
<td>Diane Combs</td>
<td>Regional Learning Center</td>
</tr>
<tr>
<td>Gale Fiszman</td>
<td>Orchestra/Choir/Drama</td>
</tr>
<tr>
<td>Julie Hohenemser</td>
<td>Science</td>
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<tr>
<td>Hal Huestis</td>
<td>Art</td>
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<tr>
<td>Pam Huling</td>
<td>Language Arts/Social Studies</td>
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<tr>
<td>Becky Jones</td>
<td>Math</td>
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<tr>
<td>Neill Juiifs</td>
<td>Regional Learning Center</td>
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<tr>
<td>Brian Katsura</td>
<td>Math/Algebra</td>
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<tr>
<td>Mary Koritnik</td>
<td>Spanish</td>
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<tr>
<td>Michael Kresko</td>
<td>Science</td>
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<tr>
<td>Neill Juiifs</td>
<td>Regional Learning Center</td>
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<tr>
<td>Cody Loy</td>
<td>Language Arts/Social Studies</td>
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<tr>
<td>Leslie Maahs</td>
<td>Language Arts/Social Studies</td>
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<tr>
<td>Barb MacWilliam</td>
<td>Earth Science/Health</td>
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<tr>
<td>Ronny Mason</td>
<td>P.E./Explore</td>
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<td>Ramona Peterson</td>
<td>Math/Algebra</td>
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<tr>
<td>Dan Powell</td>
<td>Band</td>
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<td>Jill Rainer</td>
<td>Sp. Ed. Language Arts</td>
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<tr>
<td>Toby Rickard</td>
<td>Autism Consultant</td>
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<tr>
<td>Alia Simons</td>
<td>Language Arts/Social Studies</td>
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<tr>
<td>Alia Turner</td>
<td>Language Arts/Social Studies</td>
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<tr>
<td>Eric Wade</td>
<td>Math</td>
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<tr>
<td>Angie Ruzicka</td>
<td>Science</td>
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<tr>
<td>Eric Schiff</td>
<td>Technology</td>
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<tr>
<td>Terri Simons</td>
<td>Language Arts/Social Studies</td>
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<tr>
<td>Alia Turner</td>
<td>Language Arts/Social Studies</td>
</tr>
<tr>
<td>Patti Wessman</td>
<td>Art</td>
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Get that Cougar Spirit!

Cal Young Cougar clothing is on sale in the office now. Most sizes are available and in stock.

Blue Cougar short sleeved T-shirts are $8, blue Cougar, crew neck sweatshirts are $16, CY baseball caps (pink and blue) are $8, blue Cougar knitted beanies are $8.

Show your school spirit and wear our school colors! Sizes are child 14-16, adult xsm., adult sm., adult med., adult lg., adult 1x, adult 2x, and adult 3x.
From the Library

- The Reading Thing

Congratulations to the “Bookworms”!

On Monday, March 3, Cal Young Middle School kicked off Read Across America with our Battle of the Books assembly. Ms. Ague, our retired Librarian, returned to us as Moderator in her tuxedo and tails. Many characters from the 16 books showed up, looking suspiciously similar to some of our staff. Haoyou (with his wings) from The Kite Rider, Shahrazad from Shadow Spinner, Tally from Uglies, Medusa from The Lightening Thief, Tomi from Under the Blood Red Sun, Stargirl from Stargirl were all ready to battle! Their two teams, the Bookies and the Running Readers, started the assembly off with a lively battle. The two finalist student teams, the Bookworms and Puumkeep Pi, took the stage next and had a close battle with the Bookworms emerging as the winner. For the last battle, The Bookworms took on the staff winner, the Bookies, and the Bookworms were the decisive victors. On March 15, the Bookworms made us proud to be from Cal Young at the Regional Tournament in Roseburg. They were awesome in their knowledge of the books and gracious in their approach to competition. All of the participants celebrated the Battle experience with an Ice Cream Sundae party on March 17. We will continue to meet bi-weekly for the rest of the year so that we can discuss this year’s books on a deeper level and also get a head start on plans for next year’s books. Students new to the “Battle” experience are welcome to come to these meetings and find out more about this fun reading competition.

The Bookworms, the Cal Young Champions!

The Puumkeep Pi Team, the Cal Young finalists!

The Bookworms with their Coach, Ms. Ketsche, and Sam Arnold-Boyd at the Regional Tournament in Roseburg
From the Library – The Research Thing

NetTrekker

The Library Homepage has many reliable research resources for our students. Last month, I shared about the NewsBank from EBSCO/OSLIS, an online subscription to the Oregonian and to many popular magazines. This month, I’d like to focus on NetTrekker, a search engine that includes over 180,000 hand-picked websites that have been selected for their quality and organized by readability and grade level. This resource also includes a great selection of Middle School Reference Tools (under Features). The Read Aloud option allows students to select text and have it read aloud. It’s easy and works on both old and new computers.

Get to this resource by clicking on the NetTrekker D.I. link that is listed under Magazines/News/Databases/Other Subscriptions on the Library Homepage (http://schools.4j.lane.edu/calyoung/library/). Enter the Username: 4jcal and Password: student.

Questions or comments? Contact Sam at arnold@4j.lane.edu.

Sam Arnold-Boyd, Teacher-Librarian

It’s time to vote for the Young Reader’s Choice Award 2008 Winners!

From now until April 15, students who have read two or more of the YRCA nominees in a specific category can vote for the winner! Last year, the winner in the Junior category was Dragon Rider by Cornelia Funke. Supernaturalist by Eoin Colfer won the Intermediate category. Which books will win this year?

2008 Nominees in the Junior Division
The Day Joanie Frankenhauser Became a Boy by Frances Lin Lantz
Double Identity by Margaret Peterson Haddix
Listening for Lions by Gloria Whelan
Princess Academy by Shannon Hale
The Scarecrow and His Servant by Philip Pullman
Shakespeare’s Secret by Elise Broach
Whales On Stilts! by M. T. Anderson

2008 Nominees in the Intermediate Division
Code Orange by Caroline B Cooney
Flush by Carl Hiaasen
Alice Macleod, Realist at Last by Susan Juby
Eldest by Christopher Paolini
Criss Cross by Lynne Rae Perkins
The Lightning Thief by Rick Riordan
Harry Potter and the Half-Blood Prince by J. K. Rowling
Uglies by Scott Westerfeld

For more information about these books or about voting, ask Sam in the Library!
2007 - 2008 First Semester Principal’s Honor Roll

8th Grade
Jaden A.  Taylor A.  Jaden A.  Taylor K.  Jacob A.
Peter A.  Sammy A.  Isaac K.  Justin A.  James R.  Morgan T.
Michael A.  Joseph A.  Nathaniel K.  Jordan A.  Karen M.
Haylie A.  Monica A.  Alyssa K.  Trace A.  Rey S.
Dale B.  Nicholas A.  Natalie K.  Bryan A.  Ryan S.
Tess B.  Taylor A.  Haini K.  Alexis B.  Amber S.
Alison B.  Phoenix B.  Ashley L.  Shelby B.  Bryson B.
Sean B.  Alexi B.  Hannah L.  Cody B.  Rachel U.
Tuyen B.  Samantha B.  Garrett L.  Isaac B.  Jonathan T.
Katelyn B.  Abby B.  Dylan L.  Mitchell B.  Todd B.
Anissa C.  Taylor C.  Evan L.  Anthony B.  Blake R.
Kristin C.  Gabrielle C.  Shelby M.  Courtney C.  Desiree U.
Delaney C.  Cruz, Elsie C.  Brittany M.  Victoria C.  Morgan T.
Taylor D.  Jackson D.  Jessie M.  Mikayla C.  Taylor T.
Zoe D.  Elizabeth D.  Elise M.  Linda C.  Tiwanna H.
Jesse E.  Laura D.  Ayako M.  Won Jin C.  Jihoon H.
Marena F.  Genie C.  Erin M.  Ashley C.  Kevin K.
Hayley F.  Danielle C.  Damian D.  William C.  Kwonhee L.
Holley F.  Spencer C.  Bradford O.  Meredy D.  Tiwanna H.
Jennifer F.  Taylor C.  Hayley O.  Logan D.  Jenifer K.
Leah G.  Gabrielle C.  David P.  Justin D.  Tiwanna H.
Amanda H.  Cruz, Elsie C.  Dailei P.  Brittany D.  Tiwanna H.
Andrew H.  Jackson D.  Macey P.  Shelby D.  Tiwanna H.
Alexa H.  Elizabeth D.  Lindsey R.  Sahalie D.  Tiwanna H.
Dawson H.  Lane D.  Kendall R.  Danielle D.  Tiwanna H.
Robert H.  Danielle D.  Katelyn R.  Danielle D.  Tiwanna H.
Ayantu I.  Zachery E.  Rozaleena R.  Connor D.  Tiwanna H.
Anna J.  Collin E.  Navaneethasri R.  Sophia R.  Tiwanna H.
Colton J.  KarylAnne G.  Hannah R.  Hannah R.  Tiwanna H.
Laken J.  Madeline G.  Samantha R.  Samantha R.  Tiwanna H.
Emilie K.  Lauren G.  Christian R.  Christian R.  Tiwanna H.
Nicole K.  Carla G.  Ryan R.  Ryan R.  Tiwanna H.
Nathaniel K.  Benjamin G.  Gürpıtam S.  Megan G.  Tiwanna H.
Natalie K.  Troy G.  Devan S.  Megan H.  Tiwanna H.
Ryan L.  Tiwanna H.  Bryce S. S.  Daniel H.  Tiwanna H.
Kwonhee L.  Ji Ho H.  Kelsey S.  Peter H.  Tiwanna H.
Tilar L.  Jordan H.  Lauren S.  Kelly H.  Tiwanna H.
Ashley L.  Paige H.  Hannah S.  Kailyn H.  Tiwanna H.
Alexander L.  Vanessa H.  Nicholas S.  Skye H.  Tiwanna H.
Sam M.  Kyla H.  Cooper S.  Christopher H.  Tiwanna H.
Karen M.  Ashley H.  Emily S.  Na Whea K.  Tiwanna H.
Grace M.  Leana H.  Wyatt S.  Lindzie K.  Tiwanna H.
Dillon M.  Melissa J.  Claire T.  Jaime K.  Tiwanna H.
Rachel M.  Alexander J.  Hayley W.  Rachelle K.  Tiwanna H.
Allison O.  Sang Ji K.  Sabrina W.  Joseph K.  Tiwanna H.
Tyler O.  Sang-Ah Jennifer K.  Kenzie W.  Tyus K.  Tiwanna H.
Alexander P.  Seong Bum K.  Austin W.  Christie K.  Tiwanna H.
Brent P.  Kyle K.  Aaron Y.  Hai Young K.  Tiwanna H.
Megan P.  Dawson H.  Suyin B.  Monika L.  Tiwanna H.
Eugene S.  Ayantu I.  Tommy M.  Emily L.  Tiwanna H.
Taylor C.  Anna J.  Luis Joel M.  Tiwanna H.
Allison S.  Henry L.  Gabrielle M.  Tiwanna H.
Marisa S.  Emily B.  Kylie N.  Tiwanna H.
Sally S.  Kodi B.  Kylee O.  Tiwanna H.
Kaleb S.  Alexa H.  Cameron O.  Tiwanna H.
Alexis T.  Nathaniel K.  Ashley O.  Tiwanna H.
Hannah T.  Dawson H.  William P.  Tiwanna H.
Quinton T.  Michael A.  Cameron R.  Tiwanna H.
Kathryn T.  Haylie A.  Blake R.  Tiwanna H.
Zachariah T.  Dale B.  Miranda R.  Tiwanna H.
Courtney E.  Tess B.  Cassidy R.  Tiwanna H.
Christina W.  Alison B.  Lauren R.  Tiwanna H.
Michelle W.  Michael A.  Rebekah R.  Tiwanna H.

Congratulations!
April 7th Grade All Stars winners are:

**Karylanne** is sweet and hardworking, and has made great progress this year in attitude and work ethic.

**Mitch** is conscientious about life and school and is always considerate of others.

**Alexi** is an outstanding Cal Young citizen in both school and leadership roles.

**Ayantu** brings great maturity and patience to her learning. Her work is of the highest quality and precision. She is a clear thinker, articulate writer and is willing to take risks. Ayantu is self-motivated forward thinking, driven to succeed, and a talented artist and singer. Her learning process is methodical and calculated. She does not rush to the finish, but enjoys the process of learning. Ayantu is pleasant, cheerful, kind, and always helpful. She is a conscientious student, with excellent classroom focus and participation.

**Zach** is a strong student who holds himself to a high standard. He works diligently to make sure his assignments and projects are completed and have met all expectations. His zest for learning and dedication to tackling challenging tasks make him an asset to any class. He takes responsibility for his learning by asking excellent questions to ensure his complete understanding of concepts. Zach is very focused and determined to be successful. He has made leaps and bounds this year proving what he is capable of achieving. Zach is well-liked by his peers and has good rapport with his teachers.

**Congratulations to 6th Grader Hunter H.!!**

Hunter H. won FIRST PLACE in Oregon's Letters About Literature Contest! Hunter wrote a great letter to Lawrence Taylor, an ex-NFL player and author of the book Taylor. Hunter and his family have been invited to an awards ceremony at the State Library in Salem. His letter now goes forward to the national competition, where he can win $500 for himself and $10,000 for Cal Young!

*Good luck, Hunter!*
6th Grade 2nd Quarter Award Winners

Zest for Learning
Ask questions, always engaged, enjoy learning, positive contributors

Ashley K.  Henry F.

Great Attitude
Always positive, upbeat, enthusiastic

Rachel K.  Jake A.

Beyond the Call of Duty
Offer to help during, before & after school, don't ask for anything in return

Chris C.  Tommy M.

Most Helpful
Help other student in classroom, volunteer, make teacher's lives easier

Devin P.  Rebekah R.

Leadership
Role models, set a good example, help others, are leaders, are involved, take charge of situations, lead by example

Devyn M.  Meredy D.

Citizenship
Helpful, friendly, courteous, kind, respect all

Miranda R.  Alex K.

Proactive Involvement
Figure things out on their own, don't need to be asked to do things, anticipate other student’s and teacher’s needs

Jaime K.  Tristan M.

Most Improved
These students have stepped up! They have improved their performance in multiple classes and their teachers noticed!

Mason J.  Austin H.
ATTENTION 6th GRADE PARENTS!!

‘New’ immunization required next year (already recommended by doctors)
Tdap booster shot will be required for 7th graders school year 2008-09.

As Cal Young's School Nurse, I recommend you discuss the Tdap booster shot with your health care provider at the next doctor visit or physical examination and be sure this important booster shot is received. We need written verification of booster shots in order to update the required Oregon Certificate of Immunization Status in the school health records.

This vaccine contains protection against pertussis, or whooping cough. Pertussis is a disease that can be transmitted by adolescents and adults to babies and can cause severe illness and even death. The vaccine protection that Kindergartners have against pertussis generally provides little, if any, protection by the time a child is in 7th grade. Doctors have been recommending this booster shot for several years, and it will now also become a requirement for school attendance. By February of 2009, all 7th graders will be required to have documentation of this shot to continue school attendance.

This vaccine is also available for adults as the next tetanus booster is due, so ask your health care provider for more information!

Lauri Rowe, RN
School Nurse

My School’s Health Center clinic
Who may visit?
   All Eugene and Bethel students (including home schools, private and homeless kids), as well as the students’ siblings, ranging in age from birth to 19, may be seen at My School’s Health Center.

What can students be seen for?
   Any general health issues or concerns—including mental healthcare—that would be attended to by a traditional family or pediatric practitioner. If the patient needs more specialized care, staff will refer him or her to a specialist, including a dentist or optometrist. The clinics are also able to refer patients, as needed, to other sources of low cost healthcare.

Addiction To Tobacco Comes Easy In Adolescents

The headline from the December issue of The Journal of Family Practice warns: “You can get “hooked from the first cigarette.”” Dr. DiFranza, the author of the article, based his conclusion on the findings of a ten-question checklist that was created to help assess whether a person was addicted to nicotine. “Three New Zealand national surveys involving 25,722 adolescent smokers who used this checklist revealed a loss of autonomy in 25% to 30% of young people who had smoked their one and only cigarette during the preceding month.” Typically studies show that about 40% of adolescents who tried to quit relapsed in one week or less; only 3 percent remained abstinent a year later.

Although most young people who try one or two cigarettes don’t go on to be smokers, the results from Dr. DiFranza’s work are a warning to parents to emphasize to their children, “it’s a huge mistake to start smoking. If they never start, they will never have to worry about quitting.”

Source: Jane Brody, New York Times
Calendar and Newsletter

April 2008