NEWSLETTER

Cal Young Middle School
2555 Gilham Road  Eugene, OR  97408

Sara Cramer, Principal
Brian Beard, Assistant Principal

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http://schools.4j.lane.edu/calyoung
(or) http://schools.4j.lane.edu/calyoung/library/index.html

Mark Your Calendars

May
1  Th  Track Meet: CY/Monroe @ SHS
5  M  8th Grade Spring Photos
5-9 M-F  Teacher Appreciation Week
6  Tu  Art Night @ CY, 7:30 - 8:30 p.m.
   Symph., Concert, & Jazz Bands
   (see page 8)
8  Th  Sub-District Track Meet
   @ Churchill, beg. 1 p.m.
9  F  NO SCHOOL, Progress Reports
13  Tu  Spanish II ‘Fiesta en al restaurante!’
   (see page 9)
13  Th  5th Grade Student-Parent Orientation
   6 - 7 p.m.
15  Th  District Track Meet
   @ Hayward Field, beg. 1 p.m.
21  W  Jazz Band @ Papa’s Pizza, 6 - 8 p.m.
21  W  PFCY Mtg, Library: 6:30 - 7:30 p.m.
26  M  NO SCHOOL, Memorial Day
28  W  Symphonic Winds, Concert Band, & Jazz
   Band @ LCC Auditorium, 7:30 p.m.
   “Wednesday Night at the Movies”
   (see page 9)
28  W  Site Council Mtg., Library: 6 - 7 p.m.
30  F  DFZ Celebration Assembly
30  F  All School Spring Fling & BBQ
   (see page 9)

June
3  Tu  All Library Books Due
3  Tu  Beg/Jazz Bands @ CY, Pink
   Panther Concert, 7:30 p.m.
5  Th  Orchestra Concert, 7:30 p.m.
13  F  End-of-Year Field Trips, All Grades
16  M  Last Day for 8th Graders
16  M  Yearbooks Distributed at Lunch
17  Tu  8th Grade Promotion 6 - 8 p.m.
17  Tu  8th Grade Promotion Party, 8 - 11 p.m.
18  W  Last Day for 6th & 7th Graders
   Early Release, 12:35 p.m.
27  F  Office Closed for Summer

Sheldon PTO Meetings

The Sheldon Parent Teacher Organization meets the third Monday of each month at 7 p.m. in the Sheldon Library. Our next meeting is May 19. Parents of incoming Sheldon freshmen are welcome to attend our spring meetings which will include an informational presentation and updates from Site Council, Science Fundraising Committee, and

the Sheldon Business Area Committee. We also have a time for questions/comments with the principal, Dr. Bob Bolden. Please join us for our upcoming meeting — May 19: Sheldon Enrollment, New Class Requirements, and Teacher Staffing.

If you have questions, please contact Keith Dickey at dckyfam@comcast.net
From the Principal

Dear Cal Young Families,

We have really settled in and we are now preparing for the promotion of our 8th grade students and the transition of our incoming 6th graders. This is always a busy and stressful time for students and staff. Students are completing final projects and working hard to ensure excellent grades for the 2nd Semester. Please continue to help your child by checking his or her agenda planner, asking about homework, and ensuring that students have time for rest.

With the end of the year also comes our end-of-the-year-field trips. These trips are a fun celebration for all of the hard work throughout the year. Due to the fact that these are excursions outside of school, we have very high expectations for student behavior. In the next week you will be receiving more information about the expectations for students for the remainder of the year.

We have many exciting events coming up with Art Night, Sub District and District track meets, Spring Fling, End of the Year Field trips, and many others. Please check the calendar listed in this issue of the newsletter or the Cal Young website for more details and dates.

We are asking for your help with one glitch in our outdoor field. Many guests have been parking in the fire lane. Unfortunately, we have staff members who were working late and were unable to leave the back parking lot as the exit is blocked.

Thank you for the support you provide. Our school is a fun and happening place. Your children make each day a positive and enjoyable adventure.

With warmest regards,

Sara

Register today for eScrip!
1. Log on to www.escrip.com
2. Enter our group number: 8410484
3. Register your credit/debit cards and/or grocery cards
4. Watch as a percentage of your purchases help Cal Young
To contact the Cal Young staff
Address your email to the staff member you wish to contact by name listed in the column below followed by @4j.lane.edu
For instance, to contact the registrar, you would address your email to: hanauska@4j.lane.edu
To call, begin with prefix “687” and follow with the number listed by each staff member below. For instance, to call Scott Baker, Earth and Life Science teacher, dial 687-5453.

Office Staff

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Get that Cougar Spirit!
Cal Young Cougar clothing is on sale in the office now. Most sizes are available and in stock.
Blue Cougar short sleeved T-shirts are $8, blue Cougar, crew neck sweatshirts are $16, CY baseball caps (pink and blue) are $8, blue Cougar knit beanies are $8.
Show your school spirit and wear our school colors! Sizes are child 14-16, adult xs, adult sm., adult med, adult lg., adult rx, adult 2x, and adult 3x.
From the Library

- The Reading Thing

The Newberry Awards for 2008

Since 1922, the American Library Association has been recognizing distinguished contributions to American literature for children with the Newbery Awards. This year, the Newbery Medal winner is Good Masters! Sweet Ladies! Voices from a Medieval Village by Laura Amy Schlitz. It’s a perfect choice for our 7th graders since it presents life in a 13th century English manor through 21 individual narratives.

The three 2008 Newberry Honor books are also great choices for middle school readers: Elijah of Buxton by Christopher Paul Curtis is set in 1860 in Buxton, a community of escaped slaves in Canada; Feathers by Jaqueline Woodson uses lyrical language to tell the story of Frannie, a sixth-grader who makes some important discoveries when a new boy comes to her classroom; The Wednesday Wars by Gary D. Schmidt tells the story of Holling Hoodhood, a 7th grader in 1968. The Wednesday Wars is a current favorite in the Cal Young Library. Visit the CY Book Blog (a link on the CY Library Homepage) for a full review. All of these books are available in the CY Library.

Cal Young is 1 for 2 with the YRCA Winners!

Students at Cal Young voting for the Young Readers Choice Award 2008 winners elected Princess Academy by Shannon Hale in the Junior Division and The Lightning Thief by Rick Riordan in the Intermediate Division.

The Pacific Northwest Library Association just announced their winners:

Junior Division: A Dog’s Life: Autobiography of a Stray by Ann Martin
Intermediate Division: The Lightning Thief by Rick Riordan

We have lots of copies of both of these books in the Library!

It’s time for an in-gathering of overdue books!

All CY Library books will be due on June 3. Overdue books are due NOW! Students can check their library accounts online. Go to the Library Homepage, click on VIA, and then on My Library Account. Enter your first and last name and your student ID. A screen comes up that shows your address and phone number, and then how many items you have checked out. Click on this link to view a list of these items that includes their due dates. If you have any questions about your library account, please see Sam in the Library.
From the Library continued

– The Research Thing

Chloe, Tessa, Gwyn, and Sarah researching careers in the Library.

Sam Arnold-Boyd, Teacher-Librarian

Spring Fling planned for May 30

Our final activity day of the year will be an outside event we’re calling Spring Fling on the afternoon of May 30. Those of you familiar with the old school Cal Young over the years will notice that it resembles what we used to call Spring Day. Before field trips took us away from school on fun adventures, we did fun activities at school. This year we are bringing it back to the new school! Former staff and parents are invited to come and “spring back” to Cal Young.

Ms. Koritnik and about 45 eighth graders are organizing Homerooms to plan and run outdoor carnival and picnic type activities. Each homeroom will have a booth that is student run. Some exciting events will be taking place in the back of the school in the parking lot, at the basketball standards, and on the track and infield. We are hoping for sunshine so we can do the dunk tank, slip ‘n slide, cookie walk, relay races, photo booth, face painting, shave the balloon, egg toss, three point shoot around, and tug-of-war, just to mention a few!

Come join us for fun in the sun at Spring Fling!
Peter A. is a responsible and self-motivated student who willingly works with others, but often recognizes his full potential when he chooses to work alone. Peter is conscientious and has high expectations of himself. He approaches life and school with a positive attitude and a light heart. He never fails to make people smile.

Taylor D. is a truly gifted student who has great follow through and always achieves the highest academic success. She is trustworthy and mature beyond her years. Taylor’s kindness and caring personality has a positive influence in class and she is often an inspiration to others.

May 7th Grade All Stars winners are:

Samantha exhibits a great dedication to school, is very respectful of others, and spreads smiles wherever she goes.

Elizabeth is a caring citizen, a great violinist, and she adds sparkle to every class.

Chris is a kind person, a wonderful helper, and an incredible artist too.

Congratulations to 6th Grader Kyle W.

Lane County had a Science Fair this spring and it turned out that one of our own Cal Young sixth graders, Kyle W. won second place for grades 6-8. That’s second place in ALL of LANE COUNTY! Wow! Great job, Kyle!
Great Attitude
Always positive, upbeat, enthusiastic

Jacob G.  Brendan S.  Sonny R.

Zest for Learning
Ask questions, always engaged, enjoy learning, positive contributors

Hunter H.  Jade K.  Marissa C.

Beyond the Call of Duty
Offer to help during, before & after school, don't ask for anything in return; they go above and beyond.

Nathaly H.  Christina L.

Citizenship
Helpful, friendly, courteous, kind, respect all

Monica L.  Nellie J.

Most Helpful
Help other student in classroom, volunteer, make teacher’s lives easier

Ashley O.  Lindsie K.

Proactive Involvement
Figure things out on their own, don't need to be asked to do things, anticipate other student’s and teacher's needs

Sahalie D.  Courtney C.

6th Grade
3rd Quarter
Award Winners

Leadership
Role models, set a good example, help others, are leaders, are involved, take charge of situations, lead by example

Lauren R.  Billy P.

Most Improved
These students have stepped up! They have improved their performance in multiple classes and their teachers noticed!

Andrew C.  Anthony T.
Art Night

May 6, 2008
6 to 7:30 p.m.

Come and share an evening of music, poetry, books, and art at Cal Young, Tuesday, May 6, from 6 - 7:30 p.m.

Dog: Rebecca H., Ashley L., & Jasper J.

* Both the Band and Orchestra will play for your enjoyment and members of our Choir will sing.
* Prize-winning poets and fiction writers will share their works from the creative writing contests.
* The 6th grade CAL Elective class will show off the books they have written and illustrated.
* A preview of the CY ECHO, Cal Young’s art and literary magazine, will be on hand for advance purchase.
* The 6th grade CAL Elective class will show off the books they have written and illustrated.
* 6th grade artists will display their pinch pots.
* 7th grade artists will show their illuminated sayings.

Giraffe: Natasha D., Anna J., & Karen M.

Flower Vase: Haley F., Hanah T., & Shayna V.

Glass Face: Amanda P.

* 7th/8th grade artists will present their bas relief work, aboriginal paintings, glass portraits, and other glass work.
* Digital Media students will present their work as well.
* Woodshop classes will have a display of applied arts/woodworking students projects, including a sample community service project collaboration between woodworking, art, and leadership classes.

There will be a silent auction of student sculptures, glass magnets, and mosaic work, as well as art works by professional artists from the community who donated to this fundraiser.

Hope to see you there!!
Band Students Write and Perform Film Music at L.C.C.

“Wednesday Night at the Movies” on May 28

There is an incredible project taking shape in the Band room that everyone should get ready for. It’s our sixth annual “Wednesday Night at the Movies” on May 28, at the Lane Community College Performing Arts Theater. The opening feature will be the Concert Band doing music for a Tom and Jerry cartoon. Symphonic Winds will follow with a new score for “Big Business,” a 1920s Laurel and Hardy feature film. Closing the show will be the Jazz Band performing a classic Pink Panther cartoon. All of this on the big screen with live music.

If you saw the Concert Band’s “teaser” performance of Yankee Doodle Mouse at their concert in April, you’ll enjoy seeing the complete version as Tom and Jerry shoot fireworks across the screen. I wonder who will be launched into oblivion at the end? Also, come see the Jazz Band do a short run through of the Pink Panther’s “Hand Is Quicker Than The Eye” at the upcoming Art Night. We will line up our live, Jazzy music to the great magician, Zammo, as his strange rabbit confuses and tricks the Pink Panther. Remember, pink is the new black!

In the past we have had outside help from graduates of the Sheldon High film school. This year we are doing it all ourselves. We have edited the original films and cartoons using digital software and special effects and will combine them with acoustic (real) instruments for a roller coaster ride that can’t be missed. This is not just a cool homework assignment or classroom presentation for a final grade. These are Cal Young musicians out in public, representing our community — live and on stage. If we miss a note, everyone hears it. But when we nail ‘em, it comes out loud and clear! So come on out to see and hear us on the big screen. It’s live baby! It will never happen this way again. If you miss it, all you can do is buy the DVD that we produce — a mere imitation of the real thing. Sorta like tofu instead of steak! I can say this because I used to work at a tofu factory (and a butcher shop)!

Other Band events of note:
Jazz Band at Papa’s Pizza on Coburg Rd., Wednesday, May 22, from 6 to 8 p.m.
Beginning Band with special Saxophone Soloist at Cal Young on June 4.

OK folks, see you at the movies!

Mr. Powell

Fiesta en el Restaurante!

Doña Maria (a.k.a. Ms. Koritnik) will be taking the Spanish II students on their annual restaurant field trip. They will be going for lunch on Tuesday, May 13, to Don Juan’s Mexican Restaurant. Students will have an opportunity to order in Spanish and practice the Spanish they have learned in two years of study. Parent drivers/chaperones will be contacted to assist with transportation.

They have so many successes to celebrate and this is the perfect opportunity!

Contact Mary Koritnik, 687,5472, with any questions.
ATTENTION 6th GRADE PARENTS!!
‘New’ immunization required next year (already recommended by doctors)
Tdap booster shot will be required for 7th graders school year 2008-09.

As Cal Young's School Nurse, I recommend you discuss the Tdap booster shot with your health care provider at the next doctor visit or physical examination and be sure this important booster shot is received. We need written verification of booster shots in order to update the required Oregon Certificate of Immunization Status in the school health records.

This vaccine contains protection against pertussis, or whooping cough. Pertussis is a disease that can be transmitted by adolescents and adults to babies and can cause severe illness and even death. The vaccine protection that Kindergartners have against pertussis generally provides little, if any, protection by the time a child is in 7th grade. Doctors have been recommending this booster shot for several years, and it will now also become a requirement for school attendance. By February of 2009, all 7th graders will be required to have documentation of this shot to continue school attendance.

This vaccine is also available for adults as the next tetanus booster is due, so ask your health care provider for more information!

Lauri Rowe, RN
School Nurse

My School’s Health Center clinic
Who may visit?
All Eugene and Bethel students (including home schools, private and homeless kids), as well as the students’ siblings, ranging in age from birth to 19, may be seen at My School’s Health Center.

What can students be seen for?
Any general health issues or concerns—including mental healthcare—that would be attended to by a traditional family or pediatric practitioner. If the patient needs more specialized care, staff will refer him or her to a specialist, including a dentist or optometrist. The clinics are also able to refer patients, as needed, to other sources of low cost healthcare.

Addiction To Tobacco Comes Easy In Adolescents

The headline from the December issue of The Journal of Family Practice warns: “You can get “hooked from the first cigarette.” Dr. DiFranza, the author of the article, based his conclusion on the findings of a ten-question checklist that was created to help assess whether a person was addicted to nicotine. “Three New Zealand national surveys involving 25,722 adolescent smokers who used this checklist revealed a loss of autonomy in 25% to 30% of young people who had smoked their one and only cigarette during the preceding month.” Typically studies show that about 40% of adolescents who tried to quit relapsed in one week or less; only 3 percent remained abstinent a year later.

Although most young people who try one or two cigarettes don’t go on to be smokers, the results from Dr. DiFranza’s work are a warning to parents to emphasize to their children, “it’s a huge mistake to start smoking. If they never start, they will never have to worry about quitting.”

Source: Jane Brody, New York Times
Hey, Students!

Students in grades 6-12 at participating schools can use their orange LTD student sticker to ride LTD free through June 30, 2008.

Please note: Your orange sticker will not be valid after June 30, 2008.

Summer Pass
Want to ride LTD this summer? Get your two-month, July-August Summer Youth Pass, and great discounts from participating merchants, for only $19.95! LTD Summer Youth Passes are available at all LTD sales outlets:

- LTD Customer Service Center, Eugene Station
  11th Avenue & Willamette Street
- Albertsons
  3075 Hilyard Street, Eugene
- Valley River Center
  Customer Service Center
- LCC Bookstore
  E. 30th Avenue, Eugene
- UO Bookstore
  13th Avenue & Kincaid Street, Eugene
- UO: EMU Main Desk
  13th Avenue & University Street, Eugene
- Quick Stop Market
  1131 W. 1st Avenue, Eugene
- Serv-U Market
  5045 Barger Drive, Eugene
- Amazon Market
  1815 W. 11th, Eugene
- Ray’s Food Center
  Veneta
- Participating 7-11 Stores
  Only the following 7-Eleven Stores sell LTD fare instruments:
  - 5808 Main Street, Springfield
  - 1396 Main Street, Springfield
  - 455 Coburg Road, Eugene
  - 2895 Willamette Street, Eugene
  - 3821 River Road, Eugene
  - 895 River Road

Back to School in September?
LTD plans to resume the Student Transit Pass Program beginning September 1, 2008, for students in grades 6-12 at participating schools during the 2008-09 academic year. Look for the back-to-school materials from your school to get your temporary September LTD Student Pass. The temporary passes enable students to ride LTD while they are waiting to receive their 2008-09 school identification card with the appropriate LTD student sticker.

This innovative and popular program is provided by the Oregon Department of Energy, Commuter Solutions’ Smart Ways to School Program, and LTD.

Questions? Call Smart Ways to School at (541) 682-6212.

Smart Ways to School Program
Mocha Mondays:
Start the week out right! Stop by Ophelia’s Place after school on Mondays from 3:00 – 5:30pm to enjoy a mocha (or hot chocolate or herbal tea) with Ophelia’s Place staff, volunteers and other girls. Drop-in to chat and relax. Bring your friends...it’s free!

Self-Defense:
Ophelia’s Place partners with local nonprofit Breaking Free to offer this special class to girls. Girls ages 11 – 15 are invited to come learn a combination of verbal, physical and mental skills for self-defense. Classes are offered on Wednesday nights from 4-5:30 PM for eight weeks, April 23 - June 11. Cost is a sliding fee from $30 - $70. Please pay what you are able. Scholarships are available. To register, call (541) 343-5513.

Patchwork Art Mural:
What does a powerful woman look like? Join us on Tuesday afternoons from 4-6 PM for a one-month art project, beginning April 8 through April 29. We will create a mural that reflects everyone’s unique contributions and ideas to display at Ophelia’s Place. Call Kyra for more info at 284-4333. Bring a friend if you’d like and come prepared to paint. No art experience required.

Girls’ Movie Night:
Come to Ophelia’s Place to watch a movie and enjoy some snacks. Movies will be carefully selected to make you think, laugh, contemplate or sigh. Bring a friend! No cost and no registration required. Spring’s schedule will be: March 20, April 10, & May 8th. Movies will start at 5:30 and we’ll wrap up discussion at 8 PM. Check our website for each month’s movie!

Planning Your Future:
Interested in volunteer work, after-school jobs, or possibly attending college? Stop by Ophelia’s Place Mondays from 3:30-5:30 PM to get info on how to find jobs that work for you, writing resumes, applying for FAFSA, and much more! Led by our intern, Anna, this group is open to all girls ages 10-18 and is strongly encouraged for high school students!

Girls’ Advisory Council:
The Girls Advisory Council is comprised of 8-10 girls, ages 12-18. The council meets regularly to help guide and influence Ophelia’s Place activities. This is an excellent opportunity for girls to gain leadership skills, make friends, and get involved in community building activities. Contact Kyra.

Girls’ Support Groups:
These weekly groups are a great way for girls to make friends, share their strengths and get support. Topics include body image, health, creativity, relationships, growth and self-care. We facilitate these groups in many middle and high schools, and sometimes on-site if there is adequate enrollment of 6-8 girls. Call and let us know if you are interested!

Summer Workshops!
Highlights will include:
- Workshops on Media, Nutrition & Positive Body Image
- The Artist’s Way: Creativity and Self-Expression
- Mind, Body & Emotions
- Improvisational Theatre

Most workshops and groups are offered on an ongoing basis. Please contact us with questions or if you have an idea for a group you’d like to see us offer: 284-4333 or info@opheliasplace.net.
LOCK IT. REGISTER IT. KEEP ON ROLLING.

REGISTER YOUR BIKE WITH EUGENE POLICE.

GET MORE INFORMATION.
Eugene Police Department
Crime Prevention Specialists
541.682.5178
policeprevention@ci.eugene.or.us
http://www.eugene-or.gov/police
Calendar and Newsletter
May 2008