

# NEWSLETTER

## Cal Young Middle School

2555 Gilham Road

Eugene, OR 97408



*Sara Cramer, Principal*  
*Allan Chinn, Assistant Principal*

*Main Office: 541.687.5400*

*Attendance: 541.687.5454*

*FAX: 541.687.5456*

*<http://schools.aj.lane.edu/calyoung>*

### Mark Your Calendars

#### February

- |    |    |  |
|----|----|--|
| 1  | Th | Beginning Band Concert,<br>7:30 - 8:30 p.m., W Gym |
| 2  | F  | NO SCHOOL, Grading Day                             |
| 5  | M  | Second Semester Begins                             |
| 6  | Tu | 8 <sup>th</sup> Grade Sheldon Welcome, 7 p.m.      |
| 8  | Th | Strings Concert, 7:30 p.m., Gym                    |
| 9  | F  | Activity Night, 6 - 8 p.m.                         |
| 12 | M  | DJFZ Assembly                                      |
| 13 | Tu | School Choice Parent Mtg. @ CY<br>6:30 - 8 p.m.    |
| 15 | Th | School Choice Parent Mtg. @ CY<br>9:30 - 11 a.m.   |
| 15 | Th | Sheldon AP Honors Mtg, 7:30 p.m.                   |
| 16 | F  | Smile Day Dental Care (see page 5)                 |
| 19 | M  | NO SCHOOL, President's Day                         |
| 20 | Tu | Sheldon IHS @ Sheldon Caf., 7 p.m.                 |
| 22 | Th | PFCY Meeting, 6:30 - 7:30 p.m.                     |
| 22 | Th | Track & Field Parent Mtg., 7 p.m.,<br>CY Gym       |
| 28 | W  | Site Council Meeting, 3 - 5 p.m.                   |
| 28 | Th | PFCY Meeting, 6:30 - 7:30 p.m.                     |

#### March

- |       |     |   |
|-------|-----|---|
| 2     | F   | Early Release,<br>Progress Reports, 12:25 p.m.      |
| 10    | Sa  | Free Sealant Clinic, LCC (see page 5)               |
| 13    | Th  | St. Patrick's Day Band Concert,<br>7:30 p.m., W Gym |
| 16    | F   | Jazz Band @ Clackamas Festival                      |
| 19-23 | M-F | Spirit Week   |
| 21    | W   | Symph. Winds @ Valley Band Festival                 |
| 21    | W   | Site Council Mtg., 4 - 6 p.m.                       |
| 21    | W   | PFCY Mtg., 7:30 - 8:30 p.m.                         |
| 26-30 | M-F | NO SCHOOL, Spring Break                             |

#### April

- |   |    |                              |
|---|----|------------------------------|
| 2 | M  | NO SCHOOL, Staff Development |
| 3 | Tu | Classes Resume               |

### Cal Young Track and Field

If your student is interested in learning please attend the information meeting in the about requirements, costs, practices, events, on the new Cal Young fields. Meet Head Mary Koritnik, Ric Bliss, and Tom Cantwell.

**Please turn to page 6 for a letter from**



more about Track and Field at Cal Young, gym on February 22 at 7 p.m. You will learn and schedules. This year's practices will be Coach Gary Lindberg, and Assistant Coaches Volunteers and boosters are needed!  
**the coaches with more details.**

Questions? Contact Head Coach Gary Lindberg at 206.3110.

## From the Principal

Dear Cal Young Families,

We have had a very exciting month! January was filled with students working on important projects as we end the first semester. You may have been experiencing some of that "end of the semester" urgency. As we begin this new semester, please encourage your child to write down his or her assignments, complete homework right away, and turn it in on time. I know that may sound obvious, but homework completion is one of the biggest contributors to a passing or failing grade. Typically, students at the middle school level should expect between 60 - 80 minutes of homework each night. However, it does vary from week to week. We appreciate your help and support in encouraging your children to do their best.

During both January and February we hold four open house events for families who live outside the Cal Young attendance boundary. We also welcome our incoming 6<sup>th</sup> grade families to these events. If you cannot make it to either of these events, we will also be hosting an event for our incoming 6<sup>th</sup> grade students and their parents in mid-May. Watch our calendar for those dates. This month we will host one meeting on February 13 from 6:30 - 8 p.m. and another meeting on February 15 from 9:30 - 11 a.m. Please feel free to join us and learn about our exciting school and what we have to offer.

We are grateful for the care and trust you place in us each day with your children.

Warmest regards,

Sara

## To contact the Cal Young staff

Address your email to the staff member you wish to contact by name listed in the column below followed by [@4j.lane.edu](mailto:4j.lane.edu)  
For instance, to contact the registrar, you would address your email to: [hanauska@4j.lane.edu](mailto:hanauska@4j.lane.edu)

Mike Abrams, Regional Learning Center	abrams
Linda Ague, Library/Media	ague
Scott Baker, Science	baker_sc
Kathleen Bear, P.E.	bear
Ric Bliss, Industrial Arts	bliss
Tom Cantwell, Language Arts/Social Studies	cantwell
Allan Chinn, Assistant Principal	chinn
Diane Combs, Learning Center	combs
Sara Cramer, Principal	cramer
Gina deGrassi, Science	degrassi
Sue Gardiner, Enrichment Coordinator	gardiner
Gale Fiszman, Orchestra/Choir/Drama	fiszman
Julie Francis, Counselor	francis_ju
Alicia Hanauska, Registrar	hanauska
Mike Heil, Math	heil
Julie Hohenemser, Science	hohenemser
Hal Huestis, Art	huestis
Pam Huling, Language Arts/Social Studies	huling_p
Becky Jones, Math	jones_b
Diana Keefe, Secretary	keefe_d
Mary Koritnik, Spanish	koritnik
Gretchen Lieberman, Lang. Arts/Soc. Studies	lieberman_g
Clarice Loo, World Language/Social Studies	loo
Barb MacWilliam, Earth Science/Health	macwilliam
Katie Mason, Speech	mason_ka
Ronny Mason, P.E./ Explore	mason_ron
Hillary McClintick, Lang. Arts/Soc. Studies	mcclintick_h
Dan Powell, Band	powell
Melissa Riley, Behavior Support	riley_m
Korrinne Ross, Family Liaison	ross_k
Laurie Rowe, Nurse	rowe
Asher Royce, Language Arts/Social Studies	royce
Angie Ruzicka, Science	ruzicka
Eric Schiff, Technology	schiff
Terri Simons, Language Arts/Social Studies	simons
Jodi Suter, Office Mgr./Attendance	suter_j
Alia Turner, Language Arts/Social Studies	turner_a
Linda Vie, Learning Center	vie
Eric Wade, Math	wade_e
Joyce Wade, ELL	wade_j
Patti Wessman, Art	wessman

### Register today for eScrip!

1. Log on to [www.escrip.com](http://www.escrip.com)
2. Enter our group number: 8410484
3. Register your credit/debit cards and/or grocery cards
4. Watch as a percentage of your purchases helps Cal Young

## From the library - The Reading Thing

### Sponsor a shelf and become a part of the new Cal Young

You are invited to SPONSOR A SHELF in the new Cal Young library. For \$25 we will place a brass plate on one of the library shelves acknowledging your contribution toward this special place. You can make it a special gift to a current student or a tribute to a former Pioneer. You can recognize an individual or your whole family. You can even create an amusing phrase for generations to ponder.

Your contribution will go toward maintaining the collection and updating the technology in the library.

Fill out the form below and send your **tax deductible** contribution to:

Cal Young Middle School Library  
 2555 Gilham Rd.  
 Eugene OR 97408  
 (Please make checks payable to **Cal Young Middle School**)



\_\_\_\_\_ shelves x \$25

TOTAL \$ \_\_\_\_\_

NAME \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

Please engrave as follows (30 letter maximum): \_\_\_\_\_



### And the winners are . . .

On January 22, the American Library Association announced the winners for the best books in many categories. For information about all the winners, go to:

<http://www.ala.org/Template.cfm?Section=News@template=/ContentManagement/ContentDisplaycfm&ContentID=146679>

Here are some of the winners:

**CALDECOTT AWARD** for the most distinguished American picture book for children:

*Flotsom* by David Wiesner



**CALDECOTT HONOR BOOKS:**

*Gone Wild: An Endangered Animal Alphabet*

by David McLimans

*Moses: When Harriet Tubman Led Her People to Freedom*

by Carole Boston Weatherford

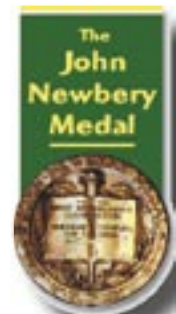
**NEWBERY AWARD** for the most outstanding contribution to children's literature:

*The Higher Power of Lucky* by Susan Patron

**NEWBERY HONOR BOOKS:**

*Penny From Heaven* by Jennifer Holm

*Hattie Big Sky* by Kirby Larson



**PRINTZ AWARD** for excellence in literature written for young adults:

*American Born Chinese* by Gene Luen Yang [a graphic novel]

**PRINTZ HONOR BOOKS:**

*The Astonishing Life of Octavian Nothing, Traitor to the Nation, Vol. I* by M.T. Anderson

*An Abundance of Katherines* by John Green

*Surrender* by Sonya Hartnett

**CORETTA SCOTT KING AWARD** recognizing an African-American author and illustrator of outstanding books for children and young adults:

For the author: *Copper Sun* by Sharon Draper

For the illustrator: *Moses: When Harriet Tubman Led Her People to Freedom*,

illustrated by Kadir Nelson

**CORETTA SCOTT KING HONOR BOOKS:**

*The Road to Paris* by Nikki Grimes

*Jazz* by Walter Dean Myers, illustrated by Christopher Myers

*Poetry for Young People* by Langston Hughes, illustrated by Benny Andrews



Linda Ague, Librarian

## Interested in Eugene International High School?

Eugene International High School (Eugene IHS) is an alternative school in international studies for students in grades 9-12. This spring 4J will be enrolling new students in their three campuses at South Eugene, Sheldon, and Churchill High Schools.

**Admission into Eugene IHS will now be through the lottery process.** All interested students must fill out a school choice form and return it to the 4J District office by **Friday, March 2**. Eugene IHS will begin notifying all students regarding their acceptance via a special mailing beginning the **week of March 19**.

Immersion students will be enrolled in Eugene IHS without the lottery process. However, immersion students do need to turn in a Eugene IHS enrollment form to the Sheldon IHS or South IHS office by Friday, March 2.

Parents and students interested in Eugene IHS are encouraged to attend any of the information sessions listed at right. In addition, the counseling and administrative staffs of each of the regional high schools will hold other information meetings explaining all the aspects of their particular high school including registration procedures, program choices, and curriculum decisions, as well as information about clubs, activities, and athletics.

**Please watch your mail for more information about high school programs and school choice from the 4J District office.**

Parents and students interested in Eugene IHS are encouraged to attend any of the following information sessions below. **Each session will begin at 7 p.m.** on the designated day.

It is very important that, in addition to one of the sessions listed below, you attend the information meetings offered by the high school.

<b>Tuesday, February 6</b>	<b>South Eugene cafeteria</b>
<b>Thursday, February 8</b>	<b>Churchill cafeteria</b>
<b>Monday, February 12</b>	<b>South Eugene cafeteria (French immersion info session included)</b>
<b>Tuesday, February 20</b>	<b>Sheldon cafeteria</b>
<b>Thursday, February 22</b>	<b>Sheldon cafeteria (Spanish immersion info session included)</b>

For more information about Eugene IHS, visit the website:  
<http://schools.4j.lane.edu/ihs/>

School choice forms are available at the following site:  
<http://4j.lane.edu/pa/choice/>

## 4<sup>th</sup> Annual Eugene Irish Cultural Festival March 3, 2007



Please join us for the 4<sup>th</sup> Annual Eugene Irish Cultural Festival! This year, we [Culture Ireland] are teaming up with the University of Oregon to bring several world-class musicians to Eugene for workshops and performances at two different locations: Sheldon High School and Beall Concert Hall. Check [www.eugeneirishfest.org](http://www.eugeneirishfest.org) for more details.

The all day family-oriented festival begins at 10:30 a.m. at Sheldon High School and goes until 5:30 p.m. Learn with "Masters of Irish Traditional Music" Randal Bays, Aidan Brennan, James Keane, Gearóid Ó hAllmhuráin (Pronounced Ga-ROAD O-hal-ver-awn), Patrick Ourceau, and Catherine McEvoy. Have you ever wanted to play the tin whistle? Back up other musicians with your guitar? Learn more about the history of Irish instruments while watching virtuoso musicians up close? Come attend our workshops for the mere price of admission – only \$8 for adults and \$6 for seniors and students. Kids 5 and under are free!

In addition to workshops, wonderful musicians and dancers will be performing all day. (Check our website for a complete schedule.) Also, enjoy an authentic Irish Ceili – a dance for all ages, with live music and step-by-step instruction. Wander the halls and enjoy our vendors' celtic offerings or explore the interesting educational crafts for the entire family.

In the evening, the University of Oregon School of Music and Dance is co-sponsoring "Masters of Irish Traditional Music" as part of the World Music Series. It will take place in Beall Concert Hall – a wonderful venue! This is a rare opportunity to hear Randal Bays, Aidan Brennan, James Keane, Gearóid Ó hAllmhuráin, Patrick Ourceau, and Catherine McEvoy. And possibly another surprise or two! Admission is only \$10 for adults and \$8 for seniors and students.

### For Daytime Tickets:

- purchase at the door at Sheldon High
- or online: [www.eugeneirishfest.org](http://www.eugeneirishfest.org)

### For Evening Tickets:

- purchase at the door at Beall Concert Hall after 7 p.m.
- at Sheldon High from 10:30 a.m. - 5:00 p.m.
- or online: [www.eugeneirishfest.org](http://www.eugeneirishfest.org)

Sponsored in part by Culture Ireland, UO School of Music and Dance, UO Office of International Programs, Oregon Humanities Center, KVAL, Eugene Weekly. Call 343.5273 for more information. See you there!

## Due date for complete school immunization records

**Wednesday, February 21, 2007 is immunization exclusion day this school year.** This means that your student's school immunization record must be up to date with all required immunizations in order to stay in school. Letters were mailed if your student is missing immunizations. Please return these letters with the dates of shots that were given.

Questions? Call Laurie Rowe, RN, pager 710.3150.

Do you lack health insurance or financial resources to pay for needed shots? Please contact your local high school clinic! They are available for immunizations, sick and well care for all 4J students and their younger siblings. Always take your child's immunization records to medical appointments.

Churchill Clinic 687.3233  
Sheldon Clinic 687.3345

North Eugene Clinic 687.3271  
South Eugene Clinic 687.3209

Another option is the Wednesday morning walk-in immunization clinic at the Health Department, 6<sup>th</sup> and Oak.

## Dental care resources

Does your student have cavities that need repair? Has it been over a year since your child has visited a dentist? Do you lack dental insurance? Is money the reason your student is not visiting a dentist?

If you answer **yes** to the above questions, please call your school nurse, Laurie Rowe, RN, pager 710.3150, with your call back number and best time to call. There are several programs available to help students with dental care.

**"Smile Day"**, a once-a-year program is coming up on Friday, February 16, 2007. Local dentists volunteer their time and offices to see students that need dental care. Paperwork must be completed and processed prior to appointment times being assigned. Laurie is happy to speak with you and help out with the paperwork process.

***Transportation by volunteers or Health Services staff might be available if a parent is unable to provide it.***

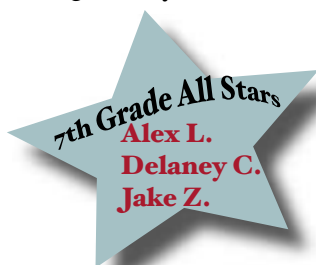
The nurse requests parent volunteers already cleared for driving for field trips. If you are available to provide transportation for Smile Day, February 16, please call our school nurse, Laurie Rowe, pager 710.3150.

Another annual opportunity, a **Free Sealant Clinic** day, open to all students, will be held Saturday, March 10, at LCC, beginning at 9:30 a.m. Mark your calendar for this event if your student needs sealants on his or her molars.

## 7<sup>th</sup> Grade All Stars Update

In our January newsletter, the 7<sup>th</sup> grade students listed were actually the February Stars! Here are the students for both months who were chosen for their positive attitudes and academics, and for helping to promote an atmosphere of responsibility and respect at Cal Young.

**January 2007**



**February 2007**



## Cal Young Track and Field



### Welcome to the 2007 Cal Young track team!

This year we will be able to practice on a new track right here at Cal Young. Each student will have the opportunity to receive coaching and instruction, improve his or her skills, and participate in the following events:

- Field events: shot put, discus throw, long jump, and high jump  
 Running events: 100 meter dash, 200 meter run, 400 meter run, 800 meter run, 1,500 meter run, 70 meter hurdles, and 4 x 100 meter relay

Each student will compete at his or her own grade level.



### Important reminders

1. **TEAM RULES:** you and your parent or guardian READ pages 1, 2, and three of the application and sign and return page 4 with the proper signatures.
2. **PRACTICE TIMES:** practice will be each Monday through Thursday from March 19 through May 17 as follows:  
 Mondays, Tuesdays, and Thursdays from 3:40 - 4:45 p.m.  
 Wednesdays from 2:40 - 3:45 p.m.
3. **FEES:** participation fees for track for \$40 for Eugene residents living within the city limits and \$50 for those who do not. All paperwork and fees are due by the first practice on Monday, March 19. Students may not practice until all proper paperwork has been turned in.
4. **PHYSICALS:** physicals are required by state mandate for any person competing in interscholastic activities in grades 6 - 12. If this is the first time the student is participating in a sport at Cal Young, a **GREEN Physical** form is mandatory. Once filed, it is good for two calendar years beginning on the date of the physical.
5. **UNIFORMS:** we will issue running tops and shorts for students' use. Running shoes with good support are highly recommended. Spikes are optional.
6. **SCHEDULE OF MEETS:** we will compete Thursday afternoons on the following dates:

April 12	Cal Young vs. Spencer Butte	4:45 p.m. @ South Eugene High School
April 19	Cal Young vs. Jefferson	4:45 p.m. @ Sheldon (Cal Young is host)
April 26	Cal Young vs. Kelly	4:45 p.m. @ Sheldon (Cal Young is host)
May 3	Cal Young vs. Monroe	4:45 p.m. @ Sheldon (Monroe is host)
May 10	Sub District Meet @ North Eugene High School (Madison is host) Cal Young / Monroe / Kelly / Madison attend this meet. Field events begin at 1 p.m.; running events begin at 3:30 p.m.	
May 17	District Finals @ Hayward Field All 4J middle schools will compete. Field events begin at 1 p.m.; running events begin at 3:30 p.m.	

Busses for April 12 will load at approximately 3:30 p.m. and will return to Cal Young after the meet concludes, arriving typically around 6:30 p.m. District Meet busses will leave earlier during the regular scheduled school day. Times will be announced later during the season.

# Go Cougars

## Cal Young Track and Field *continued*

### Cal Young Track and Field Athlete -

Congratulations for deciding to be a member of the 2007 Cal Young Track & Field Team. We, as coaches, look forward to you having fun this spring and making this season personally satisfying by becoming the best athlete you can be.

Here are our team rules:

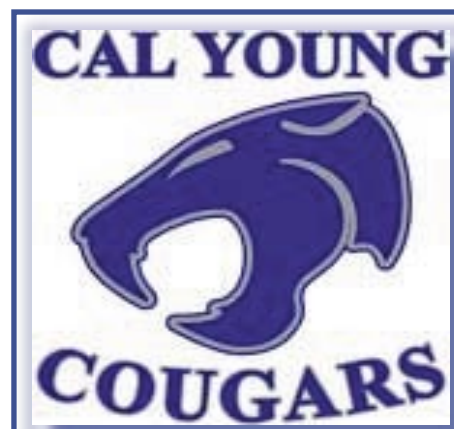
1. Be on time, dressed down and in the gym by 3:35 p.m. daily (Wednesdays by 2:35 p.m.)
2. Attend all practices. If you are sick or cannot attend practice, you will need to bring a note signed by your parent/guardian to excuse you for the day(s) missed. No practice on Fridays.
3. If you miss a practice and do not bring a note excusing you (signed by your parent/guardian), you may not be able to play in that week's meet.
4. Use of drugs, alcohol, or tobacco is forbidden by district and school policy and is cause for dismissal from the team and suspension from school.
5. All student athletes ride the bus to meets and must return on the bus. Leaving the meet or going home after a meet with a parent requires a note signed by our parent/guardian (see page 4). Check in with one of the coaches before leaving.
6. Immediately report all injuries to one of the coaches.
7. Follow directions and be courteous and helpful to parent volunteers, coaches, teammates, and athletes from other schools.



### Here are some thoughts and questions to keep in mind this season -

Did I:

- Strive for personal and team improvement?
- Set goals for our team and myself?
- Understand that where I place isn't the most important result?
- Set a (PR) personal record?
- Help the team improve?
- Support my teammates?



Answer yes to these questions and we will have a great season and a good time together!

Looking forward to working together,  
your coaching staff,

Gary Lindberg, Head Coach  
Mary Koritnik, Ric Bliss, and Tom Cantwell, Assistant Coaches

**Cal Young Middle School**  
Eugene 4J School District  
2555 Gilham Road  
Eugene, OR 97408

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Calendar and Newsletter  
February 2007

