

# Quebec 2006

## Packing List

### Luggage:

One backpack

One suitcase – kids will handle their own luggage, (over 50lbs will cost at least \$25 additional, paid before travel from kids spending money)

### Documents:

Passport – the original! We will collect passports from the kids in Portland.

ID tags – on both the inside and outside of your checked bag and your back pack.

Clothing: We recommend 4 tops and 4 bottoms to be mixed and matched, please select wisely so we are good ambassadors.

Travel shirt – to be worn both travel days

Pants/Shorts

T shirts/shirts

Jacket/sweatshirt/sweater

Swimsuit and cover up or oversized tshirt/small swim towel – not bigger than bath size

Underwear/Socks for 9 days

Walking shoes/Sandals – no one will be allowed to tour in flip flops

Sunglasses/Hat or Visor

### Toiletries:

Toothbrush/Toothpaste/Floss

Shampoo/Conditioner/Soap – In ziplock bags to prevent airpressure accidents

Hairbrush/Comb

Deodorant

Sunscreen/lip balm

Contact Lens supplies – if needed

Prescription medications – check them in with your chaperone

Antibacterial lotion/wipes

3 (min) gallon size ziplock bags – for dirty socks, swimsuits etc....

## Tourist Stuff:

Camera, film, memory cards, batteries, charger

Water bottle with clip to attach to belt loop – small is best, large is heavy

Wallet with Family photo if desired

Phone card

Book(s), Booklight, playing cards, pen, glue stick for journal, IPODS, small electronic games – to be used on long airplane and bus rides and in hotel rooms only – with Chaperone permission

Journals will be distributed in Portland. Spending money will be coordinated with the Chaperones. Students will each have \$ 100 spending money provided for them from the general fund.

## In your backpack please be sure and pack:

Jacket/sweatshirt – mornings and airplanes are cool

Wallet/ID/Passport/money for Friday's dinner \$ 10

Music/Video Games

Toothbrush/1 pr. underwear – in case luggage is delayed/lost

Non-perishable snack food for Saturday

Water bottle

Camera/film

Book/Booklight

Pack your suitcase carefully. Please pack your travel shirt and other Saturday clothes and toiletries on the top of your suitcase. If you wish to swim in Portland pack your swim suit and a ziplock bag on top for easy access. Do not pack any valuables in your suitcase, keep them in your backpack.