Geography Bee
Thirty anxious students competed in the annual Geography Bee at Cal Young on December 5. Each student answered seven different questions in the preliminary round. The ten finalists that advanced to the final round were: Brad O., Michelle T., S., Courtney V., Richard C., and Tatiana H. placed first, and Cory K. second, after participation by Mrs. Terri Simons, CY 6th grade teacher.

A guest moderator, Ms. Lynn Songer from the University of Oregon Geography Department, asked the winning question: Mount Olympus, reaching an elevation of 9,570 feet, is the highest point in which European Country? Andrew’s answer, Greece, qualified Andrew and the other winners for the Oregon State Geography Bee held in April. The winner of the State Bee wins $100, a trip to Washington, DC, and a chance to win a $25,000 scholarship.
To contact the Cal Young staff
Address your email to the staff member you wish to contact by name listed in the column below followed by @4j.lane.edu
For instance, to contact the registrar, you would address your email to: hanauska@4j.lane.edu

Mike Abrams, Regional Learning Center - abrams
Linda Ague, Library/Media - ague
Scott Baker, Science - baker_sc
Kathleen Bear, P.E. - bear
Ric Bliss, Industrial Arts - bliss
Tom Cantwell, Language Arts/Social Studies - cantwell
Allan Chinn, Assistant Principal - chinn
Diane Combs, Learning Center - combs
Sara Cramer, Principal - cramer
Gina deGrassi, Science degrassi
Sue Gardiner, Enrichment Coordinator gardiner
Gale Fiszman, Orchestra/Choir/Drama - fiszman
Julie Francis, Counselor francis_ju
Alicia Hanauska, Registrar hanauska
Mike Heil, Math - heil
Julie Hohenemser, Science - hohenemser
Hal Huestis, Art - huestis
Pam Huling, Language Arts/Social Studies huling_p
Becky Jones, Math - jones_b
Diana Keefe, Secretary keefe_d
Mary Koritnik, Spanish - koritnik
Gretchen Lieberman, Lang. Arts/Soc. Studies - lieberman_g
Clarice Loo, World Language/Social Studies - loo
Barb MacWilliam, Earth Science/Health - macwilliam
Katie Mason, Speech - mason_ka
Ronny Mason, P.E./Explore mason_ron
Hillary McClintick, Lang. Arts/Soc. Studies - mcclintick_h
Dan Powell, Band powell
Melissa Riley, Behavior Support - riley_mn
Korrinne Ross, Family Liaison - ross_k
Laurie Rowe, Nurse - rowe
Asher Royce, Language Arts/Social Studies royce
Angie Ruzicka, Science - ruzicka
Eric Schiff, Technology - schiff
Terri Simons, Language Arts/Social Studies - simons
Jodi Suter, Office Mgr./Attendance suter_j
Alia Turner, Language Arts/Social Studies turner_a
Linda Vie, Learning Center - vie
Eric Wade, Math - wade_e
Joyce Wade, ELL - wade_j
Patti Wessman, Art - wessman
From the library - The Reading Thing

**Sponsor a shelf in the new library**
Want to give the gift of recognition or remembrance? There are still many shelves available to be sponsored in the new Cal Young library. For $25 your name(s) or clever phrase of up to thirty letters will be placed on one of our shelves. All the money raised will go toward making sure that the library collection and resources are the best they can be. Forms are available in the Cal Young office or the library or the Cal Young website.

**Want to increase your vocabulary?**
Current research shows that we incorporate new words into our word bank when we encounter a word *eleven* times. Most television shows use the vocabulary of the average third grader so hours and hours of those words probably won't help. What is the only way to own a bigger, better vocabulary? READING! Studies show that even if you don't know the meaning of the word, if you read it in context that magic eleven times, you will know it's meaning even if you can't write the dictionary definition. What a bonus! Reading introduces us to the world of information and the world of imagination AND even makes us talk smarter. And the big surprise: reading also benefits our spelling (at least we will know the word doesn't look right) even if we have to look up the correct spelling.

Have a reluctant reader?

1. **Don't push the classics.** Magazines about something that interests the student will work fine as a beginning. Keep to a minimum of twenty minutes a night and you will see improvement.
2. **Make reading a social activity, share what you are reading, and ask about your child's reading.** Remember this is a conversation - not a quiz.
3. **Read aloud.** — Maybe not an entire book, but at least the parts that make you laugh or cry; the passages of great beauty give voice to the written word.
4. **Turn off the sound on your TV and turn on the subtitles.** You may not remember the “reading machines” that scrolled lines of text at different rates to increase our reading speed? Well, they are right there in your very own television — if you insist on watching, that is.

**Battle of the Books**
Students are forming teams to compare their understanding of a select list of books for the first Cal Young Battle of the Books. We will begin our competition in April. The winning team will take on the winners of Briggs Middle School in Springfield in mid May. It's not too late to begin. Students just need to contact Ms. Ague in the library. Email her or call 687.5459 for more information.

Linda Ague, Librarian

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**Carpool contest! January 22 - February 23**

*Win cool stuff! Share the ride and save money!*

Simply register for SchoolPool, a free carpool match service that helps families find carpool partners. You'll get a contact list of other registered parents at your student's school who live near you, and a chance to win!

*There is no obligation to carpool — only a willingness to think about it.*

The Grand Prize is a private party for you and your friends at Skate World! More great prizes include gift cards to Valley River Center, Gateway Mall, and Oakway Center, and coupons for free gas, movie rentals, and car washes! Prizes will be awarded each week, and every family who enters will get a discount coupon to Willamalane Splash pool.

How to enter: register online at www.swa.org or call 682-6212 to get a registration form.

Are you already registered with the SchoolPool service? Then you're automatically entered to win. Not sure if you’re registered? Call 682-6212 to find out or simply re-register. Do you already carpool and have room for another student? Then register and give yourself a chance to win!

Win prizes while you carpool with friends, save money, and reduce traffic at your school!

Lisa, Project Lead, Smart Ways to School Program
Dance Clinic
Put on by the Sheldon High School Dance Team - The Colleens
Saturday, January 20, 2007

Time: 9:30 a.m. - 12 noon (registration begins at 9 a.m.)
Where: Sheldon High School Cafeteria
Who: 4th & 5th graders, and 6th through 8th graders
Cost: $22 per student (some scholarships are available)
What: Dance instruction, snacks, dance team t-shirt, free participant ticket to Sheldon basketball game on Tuesday, January 23, and the opportunity to perform at half-time at the basketball game!

Contact: Coach Hillary McClintick with questions: 541.337.3367 or email mcclintick_h@4j.lane.edu

Checkout www.sheldondanceteam.com for more information!

Register today for eScrip!
1. Log on to www.escrip.com
2. Enter our group number: 8410484
3. Register your credit/debit cards and/or grocery cards
4. Watch as a percentage of your purchases helps Cal Young

Winter fun at Willamette Pass
All Cal Young students are invited to a day of fun in the snow on January 27 at Willamette Pass. Whether you like snowboarding, skiing, cross-country skiing, snow-shoeing, or tubing, come join the fun. The cost is $35 and includes a seat on the Berg’s bus and a lift ticket. Partial scholarships are available.

For more information about the trip or for scholarship applications, please see Ms. Jones.

See you on the slopes!
Take the challenge to GET FIT!
Life is just better when you’re fit and healthy. And getting there can be fun. Join us for a variety of sports, games and activities to get you fit and teach you the benefits of maintaining a healthy lifestyle. This is a youth driven after school program, so come prepared to help design a program for you.

Meets in the Cafeteria
January 8 - March 22
M,T,TH 3:30-5:00 pm  W 2:25-5:00 pm

Cost is $20 per term, $10 for reduced lunch and Free for free lunch. Out of City residents pay a 20% surcharge. See registration form on the back of this flyer.

Call to register:
Sheldon Community Center, 682-5312
2445 Willakenzie Rd.

Call for information:
Melissa Perkins,
Program Supervisor:
682-8837
Melinda Butlles,
Site Coordinator:
915-5315, after 2:30 pm.

Hey!
Next Level begins on January 8!

Next Level Demo Days
Come try us out for free Jan. 8 & 9

Free with Next Level Membership:
• MindZone
• Team Builder Academy
• Game Zone
• Rock Climbing
• FitnessZone
• Dodge ball

Membership Fee: $20 per term. Sliding scale is available for students who qualify for the free and reduced lunch program.

Next Level Enrichment Activities
Beginning January 8
Additional fees are charged for Enrichment classes and special events. Please see page 2 for a complete listing of descriptions. Must be Next Level member to register. Class sizes are limited so register soon at Sheldon Community Center.
• Skateboarding
• Winter Formal Dance
• No School SNOW Day

Cal Young Middle School
2555 Gilham Road
Eugene, OR 97408

www.eugene-or.gov/rec
@ Cal Young

Winter Term 2007 Class Schedule

ALL STUDENTS MEET IN THE CAFETERIA AT 3:30 (M,T,Th), 2:25(W)
Fees listed are for: full fee / reduced lunch fee / free lunch fee

Next Level Membership – Required!
Students must be a Next Level member to participate in activities. Most activities are free with your membership and a few have an additional fee to cover the cost of supplies, admissions and transportation.
Jan 8th–Mar 22nd M,T,Th 3-5 PM W 2:25-5
$20/$10/$0 #72869

The following classes are FREE with your Next Level Membership!

Mind Zone
Come work with RecZone staff to get valuable homework help and support to reach your academic goals!
Jan 8th–Mar 22nd M 3:30-4:15; W 2:30-3:15
T,Th 3:30-4:15 PM FREE #72890

Game Zone
Board games and more at the end of your busy day.
Jan 9th–Mar 22nd T,Th 4:15-5 PM FREE #72891

Team Builder Academy
This term it's Team Building 2.0 so be prepared to step up to new challenges, great games, and find out what it takes to be a real team member.
Jan 8th–March 21st M 4:15-5 PM FREE #72892
W 3:15-5 PM

Dodgeball
Come practice your dodging abilities with this long-time favorite game. Plus, learn new variations on the sport!
Jan 9th–March 20th T 4:15-5 PM FREE #72893

The following classes have limited space. Please register soon!

Skateboarding
This class is for skateboarders of all abilities who want to direct instruction from Team Adventures Skate Instructors or just a chance to go to the skate park once per week. Sessions will be held indoors at the Skate Shelter. Helmets are required, full pads are highly recommended. We will provide helmets and skateboards available for loan at no extra charge.
Jan 18th–March 22nd (10 sessions)
Th 3:30-5 pm 5 spaces available $10/$5/$0 #71898

Rock Climbing
Climb the wall! Master the basics of knot tying, safe use of ropes, harnesses and other climbing equipment. This is an introductory course, but all levels are welcome. Please choose one session.
Jan 17th–Feb. 14th W 3-5PM FREE #72876
Feb. 21st–Mar 21st W 3-5PM FREE #72884

The following classes have a small additional fee ….

Middle School Dance
Come and get your groove on at the Winter Formal Dance, dance, dance to hit tracks, play some games or just hang out and chill. Dance held at Sheldon Community Center. Must have school ID.
Jan 26 F 7-9 PM $3 for NL Members $5 for Non #72859

No School Snow School
Turn your no school day into a SNOW SCHOOL DAY! We will be traveling up to Satium or Willamette Pass (depending on the weather) to spend the day playing in the snow! During the outing we will visit a huge water fall, snowshoe a short distance, play games on snowshoes, and build some snow forts! Kids will be picked up and dropped off at Monroe
Feb 2nd Th Barn-6pm $10/5/D #72747
## The Next Level @ Cal Young Middle School

### Winter 2007 Registration Form

**Participant (Please Print):**
- **Last name:**
- **First name:**
- **Date of birth:**
- **Grade:**
- **Relationship to Participant:**
- **Date of birth:**
- **Home Phone:**
- **Work Phone:**
- **Cell:**

**Address:**
- **City/Zip:**

**Parent/Guardian (Please Print):**
- **Last name:**
- **First name:**

**Relationship to Participant:**
- **Date of birth:**

**Four Easy Ways to Register:**
- **Mail-In:**
- **Phone-In:** Sheldon Community Center, 2445 Wilkinson Rd Eugene, OR 97401. Call 682-3182. Have your VISA or MasterCard number handy when registering by telephone.
- **Fax-In:** Fax the registration form to Sheldon Community Center. 682-6332. Include VISA or MasterCard number.
- **Walk-In:**

**Make Check or Money order payable to City of Eugene.**
- **Payment Method:**
  - Visa
  - MCard
  - Check
  - Cash

**Total Fees:**
- **Card#:**
- **Exp Date:**
- **Name of Cardholder:**
- **Signature:**

### Health/Liability Form

I hereby give permission for my child to engage in The Next Level after school programs offered by the City of Eugene Youth and Family Recreation Services, and 4J School District through the Project Learning Experience Grant. I declare that I am the parent or legal guardian of the above named child, and I have custody and control of the child. In the event my child is injured or should require medical treatment, I hereby request that you contact our family physician or myself. If necessary, I also authorize the Next Level staff of the City of Eugene Youth and Recreation Program Services to secure necessary medical treatment for my child. I further acknowledge that I will be responsible for any medical or hospital costs or expenses associated with my child's medical treatment, including costs that are not covered by my insurance. I hereby authorize Next Level staff and school personnel to share information in regards to IFP programs, academic, or behavioral plans, or any other pertinent information that will assist staff in providing services to my child. I assume all risks and hazards to such participation, including transportation to and from the activities and bodily injury, release, waiver, and indemnity and agree to hold harmless Bethel School District, School District 4J, City of Eugene and the partners of The Next Level, its organizers, sponsors, supervisors, and participants from any claim arising out of accidental injury to my child. Photographs of participants in Recreation Services activities may be used by the City of Eugene for publicity purposes.

**Phone circle (yes) or (no) to allow your child to participate in the following:**
- **Leaves campus for field trips or excursions:**
- **Water activities:**
- **My child may watch PG and PG-13 movies:**
- **My child may leave early from The Next Level:**
- **My child may walk home from The Next Level:**

**My signature indicates that I have read, understand, and agree to the terms of the above RELEASE FROM LIABILITY.**

**Parent/Guardian Signature**
- **Date:**

**Student Signature**
- **Date:**

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**City of Eugene Recreation Services**
- **4J**